

# What Penn Behavioral Health Corporate Services Can Do For You!

The Penn Behavioral Health Corporate Services (PBHCS) Employee Assistance Program (EAP) is a benefit offered by your employer that is designed to help employees and their family members work through a variety of personal problems as well as work-related issues. Your EAP benefit includes:

# Free Problem Assessment and Short-Term Counseling

Five (5) virtual or face-to-face (when possible) sessions per person, per topic, with a masters-level clinician to assess, refer and provide short term counseling. All providers are licensed clinicians with years of experience. This benefit is available to you, your spouse and dependents, with nothing to sign up or register for.

### **Confidentiality**

Seeking help from PBHCS is between you and the counselor. No information can be shared with anyone else unless you give your written permission to the clinician. Your organization supports the PBHCS policy of complete confidentiality.

# **Local Availability**

PBHCS is a regional Employee Assistance Program with clinicians across the region. We have many providers close to where you live or work. You also have access to the hundreds of EAP providers in our network via Telehealth.

# **Work Life Services**

PBHCS puts a wide array of Work-Life related information and resources at your fingertips. Whether you're a parent, caregiver, in need of a pet-sitter, looking for stress management tips or have a legal or financial issues.

### What Does This Mean to You?

Penn Behavioral Health Corporate Services is a resource for any personal problem that you or a family member might have and should be the first resource you call.

Access the EAP by Calling 1-888-321-4433 or Online at

www.pennbehavioralhealth.org Co

**Company Code: PH025**